



Make an acorn cap whistle!

Find an acorn cap. If it is still on the acorn, remove the nut.

Position the acorn cap so the inside is towards you. Hold the cap in your thumbs and forefingers. The knuckles of your thumbs should be touching each other, and the top part of your thumbs should angle out, as if you are making a “Y” with your thumbs. All you should see is a triangle of the acorn cap above your knuckles.

Put your upper lip on the top of your thumb-knuckles. Then position your lower lips so that when you blow no air escapes out of your bottom lip. Blow through your top lip, hard, into the triangle.

No sound? Try tipping the angle of the cap, twisting your wrists to change the position of your thumbs or changing the shape of the open triangle.

Warning! Acorn whistles can be shrill!



< Create a “Y”
with your thumb
knuckles touching.

