

Nests You Can Eat!

Supplies Needed:

- 3 C (5 large biscuits) of shredded wheat
- Break the biscuits apart, but keep the strands as long as possible
- 2 C (5ounces) of miniature Marshmallows or 20 regular sized marshmallows
- 3 T butter or margarine
- Plastic wrap
- Small jellybeans, malt balls, or an egg-shaped candy

Directions

1. Ask an adult to melt the marshmallows and margarine over low heat or in a microwave.
2. Stir the shredded wheat into the melted ingredients.
3. With a spoon, scoop up a lump of the mixture the size of a golf ball. Wrap it in a little piece of plastic wrap and shape it into a tight ball. Then, with your fingers and thumbs, press it into a nest shape.
4. Take the nest out of the plastic wrap and put it on a plate. Use the rest of the mixture to make more nests, about 12 in all.
5. Refrigerate the nests for 5-minutes to allow nest to cool.
6. Place nests on a dish to serve and use small jellybeans for eggs!



Photo of Edible Nest