Preschooler Tips



Nature Stories for Preschoolers

- The Snake Who Was Afraid of People by Barry Louis Polisar
- Two Blue Jays by Anne Rockwell
- Animal Lives: Barn Owl by Sally Tagholm
- Have You Seen My Duckling? By Nancy Tafuri
- Box Turtle at Long Pond by William T. George

Activities for Preschoolers

Duplication Game

Gather five to ten nature items and hide them under a bandana. Lift the bandana so the children can see the objects for one minute, replace the bandana, and have the kids see if they can gather the objects they saw.

Be a Squirrel

In the fall, stop in an area of oak trees and have the children dig with their hands to see how many acorns they can find.

Shadow Chasing

On a sunny day, have children run around and try to tag another person's shadow.

ABC Hike

Write out the letters of the alphabet on index cards. Have the children select a card and try to find an object that begins with their letter. Or keep all 26 cards together and remove a letter one by one as you find the matching objects until all letters have been found.

Color Hike

Ask for paint chip samples at the hardware store and glue the swatches onto index cards. Have the children select a card and try to find an object that matches that color.

Big and Little Sticks

Ask the children to each gather two sticks from the ground. Have them compare their sticks: Who has the biggest? The smallest? The fattest? The skinniest? The darkest? The lightest? Whose has signs of animals (look for tiny holes) on it? Whose has fungus growing on it?