Bird Nests

Ingredients

One-part semi-sweet chocolate chips
One-part butterscotch chips
Just under two parts Chow Mein noodles

Robin’s egg candies, jelly bellies, or another candy that is egg-shaped.

Melt the chocolate chips and butterscotch chips together in a double-boiler.
In a large bowl, pour the melted mixture onto the Chow Mein noodles and stir until the noodles are coated.

Spray a muffin tin lightly with vegetable oil. Make a nest-like layers of the Chow Mein mixture in the muffin tin; place egg (s) and edible grass, if you have it, in the nest immediately. Allow to cool.

3) and yes, I thought of a recipe FOR the birds. Especially after the harsh weather we have had it would be a good opportunity to talk about birds and food and winter survival, pointing out that almost ALL birds eat more than seeds, and many don’t eat seeds at all. Plus, fat content in food is especially important, as these little creatures have a tight energy budget. (Central Park has lots of migrating birds because the foliage supports lots of caterpillars, insects and little critters. AND provides cover from predators. So, protecting natural places from off-leash dogs is important!)

NOTE – use when temperatures are cool. In warm weather melting lard can collect on birds’ feathers and ruin their insulating/waterproofing capacity.