

# Ensalada da Mixta

## Ingredients

Mixed greens  
Cherry tomatoes  
Sliced Cucumbers  
Carrot sticks  
Sliced red onion (optional, some people hate onions)  
Chickpeas  
Crumbled goat cheese  
Sliced almonds

## Balsamic vinaigrette

Balsamic vinegar and olive oil (1 part vinegar to 3 parts olive oil), Dijon mustard, salt and pepper, garlic powder to taste.