Dinner & A Book Recipes

Episode #1503 - Travels in Siberia

Quick Pelmeni (Siberian Dumplings)

Ingredients:

8-10 dozen wonton wrappers
1/2 pound ground beef and pork, mixed
1 medium onion, diced
1 tsp. salt
Black pepper
12 tablespoons butter, melted

Directions:

- 1. To make the filling, combine the meat, onion, salt and pepper.
- 2. Spread a heaping tsp. of the filling on each wanton wrapper. Bring one edge
- 1. of the round over to meet the other and seal the edges tightly to form half-
- 2. moon. Take the two pointed edges and bring them together in the center
- 3. of the half-moon, along its straight edge, pinching them tightly. Lift these
- 4. edges tightly to form a round ball.
- 3. Bring a large pot of salted water to a boil. Drop Pelmeni and boil them
- 5. gently for 5 minutes or until they rise to the surface. Cook in several
- 6. batches.
- 4. Drain the Pelmeni and immediately pour the melted butter over them.
- 7. Serve them Siberian style with mustard and vinegar, or Russian style with
- 8. sour cream and dil.
- 5. Makes 8-10 dozen

Russian Crepes Stuffed With Sweet Cream Filling

Crepes Ingredients:

- 4 large eggs ½ cup lukewarm water 1 cup flour
- 2 Tbs sugar
- A pinch of salt

Filling Ingredients:

16 oz. cottage cheese

8 oz. cream cheese1/3 cup sugar¾ cup craisins or raisins

Directions:

- 1. Mix all of the crepe ingredients in a blender.
- 2. Put a little bit of butter on the heated pan. Use a ladle to pour the dough
- 6. and immediately swirl it around the pan.
- 3. Cook 30 seconds on both sides
- 4. Remove the crepes individually and let them cool down. Do not stack them
- 7. on top of each other.
- 5. For the filling rinse the cottage cheese in a colander until the water is clear.
- 6. Add cream cheese and sugar to the cottage cheese and mix those well.
- 7. Spread about a tablespoon of filling on a crepe, ad 10 craisins and roll it up
- 8. tightly. Cut it in half and set aside.
- 9. Fry the crepes in a buttered pan for a few seconds until golden brown.
- 10. Serve them with a fruit and sour cream.