

Dinner & A Book Recipes

Episode #1604 – Notes from a Small Island

Baked Beans, English style

- 1 large can baked beans
- 1/2 sliced yellow onion
- 2 cloves garlic
- 2 T. apple cider vinegar
- 1 T. Worcestershire Sauce
- 1/3 c. light brown sugar
- 2 T. tomato paste

Cook onions and garlic in bacon drippings or 2 T. butter. Combine the rest of the ingredients and simmer. Pour everything into a 1 quart casserole and heat in a 350 degree oven for 35 minutes

Button Mushrooms in Butter

Clean 1 pint button mushrooms. Do not slice the mushrooms. Cook in a skillet in 2 T. butter until brown. Serve with the tomatoes, eggs, bacon and beans.

Stewed tomatoes

You can either grill the tomatoes or cook them in bacon drippings or the following.

Allow 1 tomato per person. Cut in half. Melt 1 T. butter in a skillet. Place the tomatoes cut side down and cook until soft.