**Depression Stew**

Ingredients

½ - 1 lb ham, diced

2 large potatoes, chopped with skin

1 can chopped tomatoes

1 onion, chopped

2 cloves garlic, chopped

Salt & pepper to taste

Sauté potatoes, onions and garlic until onions turn transparent. Add chopped tomatoes and diced ham and simmer until potatoes are tender.