



Vegan Banana Ice Cream

Banana Ice Cream

Ingredients

- 2 frozen bananas, preferably sliced
- Splash of plant-based milk (optional)
- ½ tablespoon of agave optional
- ½ teaspoon of vanilla extract (optional)

Chocolate Banana Ice Cream

Ingredients

- 3 frozen bananas
- 1 tablespoon of cocoa powder
- ¼ cup of plant-based milk optional
- 1 tablespoon of agave optional
- ½ teaspoon of vanilla extract optional

Directions

Add frozen bananas and other ingredients to a blender or food processor. Blend until smooth!