

8 Goldenrod Fun Facts

1. Goldenrod is the state flower of; Alabama, Kentucky and Nebraska
2. There are 25 species of goldenrod in Indiana including one of the rarest plants on earth which was thought to be extinct "Short's Goldenrod" (*Solidago shortii*)
3. Thomas Edison made tires for his Model T Ford that was given to him by his friend Henry Ford using rubber from the Goldenrod plant
4. One goldenrod (*Solidago bicolor*) is white in color
5. Cluster galls are a species indicator because they are found specifically on the Canadian Goldenrod (*Solidago canadensis*)
6. The Goldenrod midge fly only produces eggs of one sex its entire life, never both sexes.
7. The Goldenrod is one of the most effective treatments for Urinary Tract infections
8. Its scientific name "Solidago" means to make whole or heal.



Medicinal uses of Goldenrod tea:

- Soothes Sore throats Gargle
- Flushes out Kidney and bladder stones
- Treats Urinary tract infections
- Aids in digestion
- Combats fatigue
- Diuretic/aquaretic agent to flush out excess water
- Soothes various body inflammations
- Soothes Arthritis/rheumatism
- Reduce allergies
- Reduces cold and flu symptoms
- Gargle for Laryngitis or just a great mouthwash
- Relieves congestion of the nasal passages

Information gathered by Elkhart County Parks