

Make a sunflower wreath

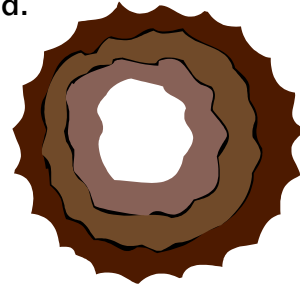


Feeding birds in the winter gives you a chance to see birds up close. During harsh weather, you may even help some weaker birds to survive. Create a holiday ornament for your yard, and feed your feathered friends at the same time, with a sunflower wreath.

1. The first step is to dry a large sunflower head. Make sure you dry it somewhere away from squirrels or other rodents. You can get sunflower heads at a farmer's market, or directly from a gardener or farmer who grows them.



2. Next, turn the sunflower head upside down and cut out the center carefully with a craft knife or utility knife. Push the center out the back of the sunflower head.



3. Gather wild grasses and seed heads. Arrange them into a bundle and secure the bundle with a twist tie.



4. Take a yard of ribbon and wrap it through the hole in the sunflower head, tying a knot on the front. Place the bundle of grasses and seeds on the knot, and tie a bow around the bundle with the ribbon.



6. Put a twist tie around the ribbon on the back side of the sunflower and twist it into a loop for hanging your sunflower wreath. Hang your wreath outdoors where the birds can enjoy it!